



Thyme was used in ancient times, both by the Egyptians for embalming, and by the Greeks to help ward off infectious illnesses. Thyme oil has also been used to help with respiratory illnesses and digestive disorders. Thyme's fresh, herbaceous aroma is said to uplift the body and spirit, and to aid in concentration.

Steam distilled
from leaves, stems
and flowers

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Thyme

Thymus vulgaris

Thyme

Pure Essential Oil

