



According to mythology, when Pluto professed his love for Mentha, Pluto's jealous wife crushed Mentha into the ground. Unable to restore her, Pluto transformed her into a peppermint plant that would give a beautiful fragrance whenever stepped upon again. Peppermint has been used for centuries to soothe digestive difficulties, freshen breath, and relieve headaches. Peppermint oil has also been known to help inflammation, nerves, toothaches, motion sickness, and feelings of depression.

Steam distilled
from leaves, stems,
and flower buds

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Peppermint

Mentha piperita

Peppermint

Pure Essential Oil |