



*Lemongrass was used historically not only to help keep insects and bugs away, but also to help fight infectious illnesses. Lemongrass oil has also been used to help with inflammation, digestive problems, and to improve circulation. Its lemony odor is said to be purifying and uplifting.*

Steam distilled  
from leaves

# Lemongrass

*Cymbopogon flexuosus*

# Lemongrass

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*Pure Essential Oil*

