



*This grounding blend contains the pure essential oils of spruce, rosewood, frankincense and blue tansy in a base of fractionated coconut oil. The calming aroma of this blend serves to soothe and balance the nervous system during times of distress and unease. It can also aid in harmonizing the various physiological systems of the body.*

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# Balance

*A Blend By dōTERRA™ Essential Oils*

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*Essential Oil Blend*